KAAK & CRAYONS · كعك وألوان

رمضان كريم

My Ramadan Countdown

عدّاد رمضان

Colour one lantern or moon each evening · a kind act and a new Arabic word every day





Free printable · A4 & US Letter · Ages 3–10 · Undated



Welcome, family!

أهلاً وسهلاً

Ramadan is a special month of fasting, prayer, reflection, kindness and togetherness, ending with the joyful celebration of **Eid al-Fitr**. This free countdown helps little ones feel the month go by, practise a small kind act each day, and learn a few festive Arabic words.

30-day lantern & moon chart
Colour one shape each evening. Write your start date — it works any year.

30 kind acts & Arabic words
A simple daily kindness plus a short word to say together.

How to use this countdown

- Print the countdown and the word list before Ramadan starts, and stick the chart on the fridge at child height.
- Each evening, colour that day's lantern or moon, do the kind act, and say the Arabic word together. A star on the word list can be coloured when you're done.
- Ramadan lasts **29 or 30 days**, depending on the sighting of the new crescent moon. If the moon is seen on the evening of day 29, Eid is the next day, so day 30 may stay uncoloured, and that's fine! Communities may start and end on different days; follow your local mosque or community.
- Young children aren't expected to fast. The countdown, kind acts and new words are for every age.
- Print at 100% / "Actual size". This set comes in A4 and US Letter — use the file that matches your paper.

Our family's Ramadan goals

أهدافنا في رمضان

1. _____
2. _____
3. _____

Optional family moments · do them whenever it suits your family

- ☆ Read or listen to a short surah with family
- ☆ Pray together
- ☆ Make a dua for someone you love



This free countdown is for every family. Customs vary, so feel free to adapt it. Faith moments are optional extras.
رمضان كريم وعيد مبارك!

My Ramadan Countdown

عدّاد رمضان

Colour one lantern or moon each evening. Ramadan has 29 or 30 days, so day 30 may stay plain, and that's OK!

Name: _____ Ramadan starts on: _____

1 ١	2 ٢	3 ٣	4 ٤	5 ٥	6 ٦
7 ٧	8 ٨	9 ٩	10 ١٠	11 ١١	12 ١٢
13 ١٣	14 ١٤	15 ١٥	16 ١٦	17 ١٧	18 ١٨
19 ١٩	20 ٢٠	21 ٢١	22 ٢٢	23 ٢٣	24 ٢٤
25 ٢٥	26 ٢٦	27 ٢٧	28 ٢٨	29 ٢٩	30 ٣٠



عيد مبارك

Eid Mubarak! You did it!



30 Kind Acts & Words

خير وكلمة كل يوم

Colour the star when you're done. Sounds: 3 = a deep "a" · 7 = a breathy "h" · 2 = a little catch.

1 ☆
Colour today's lantern
فانوس
fanoos
lantern

2 ☆
Say "Ramadan Kareem" to your family
رمضان كريم
Ramadan kareem
Ramadan greeting

3 ☆
Help set the iftar table
إفطار
iftaar
the evening meal

4 ☆
Put dates in a bowl for iftar
تمر
tamr
dates

5 ☆
Look for the crescent moon tonight
هلال
hilaal / hileil
crescent moon

6 ☆
Say "thank you" five times
شكراً
shukran
thank you

7 ☆
Share a toy or a snack
شارك
shaarik
share

8 ☆
Call or visit a grandparent
تيتا
teita
grandma (Lebanese)

9 ☆
Help carry something at home
ساعد
saa3id
help

10 ☆
Draw a picture for someone you love
رسمة
rasme
a drawing

11 ☆
Water a plant
زهرة
zahra
flower

12 ☆
Smile at everyone today
ابتسامة
ibtisaama
a smile

13 ☆
Learn the word for "please"
لو سمحت
law sama7t
please

14 ☆
Tidy your toys without being asked
ترتيب
tarteeb
tidying up

15 ☆
Give someone a compliment — say Bravo!
برافو
bravo
well done!

16 ☆
Make your bed
سرير
sareer
bed

17 ☆
Help wash a dish
صحن
sa7n
a plate

18 ☆
Feed the birds or a pet
عصفور
3asfoor
bird

19 ☆
Say three things that made you happy
سعيد
sa3eed
happy

20 ☆
Hug your family
عيلة
3eela
family (Lebanese)

21 ☆
Make a card for a neighbour
جار
jaar
neighbour

22 ☆
Be extra patient today
صبر
sabr
patience

23 ☆
Help a friend or a younger sibling
رفيق
rfeeq
friend (Lebanese)

24 ☆
Add a coin to a charity box (optional)
خير
kheir
goodness

25 ☆
Help prepare iftar or suhoor
سحور
su7oor
the meal before dawn

26 ☆
Say only kind words today
لطيف
laTeef
kind / lovely

27 ☆
Draw tonight's moon
قمر
qamar / 2amar
moon

28 ☆
Help decorate for Eid
عيد
3eed
Eid / feast

29 ☆
Wish someone "Eid Mubarak"
عيد مبارك
3eed mbarak
Blessed Eid

30 ☆
Celebrate — you did it!
فرحة
far7a
joy



Want more for Eid? The full Ramadan & Eid Family Activity Kit adds a weekly kindness tracker, 6 colouring pages, Arabic word cards, Eid cards and gift tags. Find it at **printables-and-sheets.pages.dev/products/ramadan-eid-kit** · Free for personal, family and single-classroom use. Please don't resell or reshare this file; send friends to printables-and-sheets.pages.dev/free-ramadan-countdown so they can get their own copy.